



PRODUCT FORMULARY



Transdermal Progesterone



- A Natural Approach To Supporting Hormonal Imbalance[†]
- Quality Wild Yam supplementation should consist of Bio-identical USP Micronized Progesterone and Wild Yam Extract, working in concert together[†]

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For centuries, Wild Yam (*dioscorea velosa*) has been utilized as support for a healthy reproductive system in women. Its uses have been documented around the world for numerous purposes. Specifically, Native Americans have availed themselves to the natural benefits of Wild Yam for symptoms such as morning sickness, colic, asthma, gastritis, rheumatism, joint pain and for relief from labor pains. Ayurvedic practitioners in India employed Wild Yam to assist with impotence and infertility. Additionally, the Chinese have long promoted Wild Yam as a muscle relaxer, as well as to assist the liver and digestion.

In more recent history, many supplement manufacturers and health care practitioners have touted Wild Yam as a "natural source" of progesterone. However, this just simply isn't the case. The only "natural" progesterone is the one produced in the body. Therefore, it is the process by which the human body makes progesterone, that makes it "natural", not the source. The good news is Wild Yams can be converted into a bio-identical form of progesterone.

It has been speculated that steroidal saponin aglycone diosin, contained within Wild Yams, can be converted to diosgenin in the body and, once into the bloodstream, may act upon estrogen receptor sites, ultimately aiding in estrogen balance. However, this process is reliant upon adequate healthy gut flora. Again, this is only speculation.

Wild Yams contain a saponin called diosgenin. Wild Yams do not contain progesterone, nor can the human body convert diosgenins into progesterone. These diosgenins must be extracted from the roots and stems of the Wild Yams, and then converted in a laboratory to a bio-identical form of progesterone. Furthermore, in order to receive the benefits of this hormonal supplementation, the end product must be bio-identical, USP micronized progesterone. Vinco's Transdermal Progesterone contains 5% bio-identical, USP micronized progesterone, with liposomal delivery and no artificial colors or fragrances.

Proper Wild Yam supplementation, however, is not achieved through the use of Wild Yam products that have been solely converted into bio-identical progesterone. The purpose of Wild Yam supplementation is to not only provide support of relieving some of the symptoms of hormonal imbalance (i.e. hot flashes, mood swings, weight gain, loss of sex drive), but also to assist the body in regaining and maintaining hormonal balance. And, Wild Yams provide the building blocks the body requires to manufacture its own hormonal chemistry. Not to mention the additional overall health benefits of Wild Yams being anti-spasmodic, anti-inflammatory, and anti-rheumatic. What does this mean? Essentially, it can mean furnishing the body with a support mechanism for reducing inflammation, decreasing the pain associated with rheumatic arthritis, and relief from menstrual cramping.

Wild Yam has been utilized for centuries by numerous cultures to address the symptoms of hormonal imbalance, including but not limited to; menstrual cramping, mood swings, night sweats, and hot flashes†

Vinco's Transdermal Progesterone contains both 5% Bio-identical, USP Micronized Progesterone and Wild Yam Extract. Furthermore, the Sunflower Lecithin encourages the absorption of the active ingredients. Simply put, Vinco's Transdermal Progesterone is a top-quality, well rounded approach to Wild Yam supplementation.

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<p>SUGGESTED USE: Apply spray to inner thighs or inner arms. Rotate between sites.</p> <p>For external use only.</p> <p>Menstruating (Ovulating) Women: Apply one spray, one to three times daily as needed, from day 14 through day 28 where day 1 is the first day of the menstrual cycle. Not to exceed 3 sprays per day unless recommended by a qualified healthcare professional.</p> <p>Perimenopausal Women: Apply 2 sprays, once or twice daily as needed, from day 7 through day 28 where day 1 is the first day of the menstrual cycle.</p> <p>Menopausal or Non-menstruating Women: (30 day cycle) Apply 2 sprays once or twice daily for 25 consecutive days. Discontinue application for 5 days, then resume cycle.</p>	 <p>TOPICAL SKIN SPRAY</p> <p>LIPOSOMAL</p> <p>Transdermal Progesterone</p> <p>Bio-identical USP Micronized 2 Fl.Oz. (60 mL)</p> <p>PROFESSIONAL FORMULATION</p>	<p>KEY INGREDIENTS: Progesterone Micronized (from Yam) - 20mg per 3 sprays (0.50 mL)</p> <p>OTHER INGREDIENTS: MCT (Coconut Oil), Organic Cane Alcohol, Vegetable Glycerin, Vitamin E (Sunflower Oil), Sunflower Lecithin (Phosphatidylcholine)</p> <p>DO NOT USE IF: Pregnant, intending to be pregnant, or nursing. Discontinue use if irritation or red skin develops and consult a physician.</p> <p>STORAGE: Keep tightly closed in a dry place; do not expose to excessive heat.</p> <p>Formulated and Distributed by: VINCO, INC. EVANS CITY, PA (800) 245-1939 WWW.VINCOINC.COM</p> <p>V-PROG</p> 
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