



# Muscle Tranq®

- Helps Relieve Muscle Spasms and Tension<sup>†</sup>
- Promotes Muscle Relaxation<sup>†</sup>
- Synergistic Blend Of Proven Botanicals With Calcium and Magnesium<sup>†</sup>

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Tense muscles can be both a symptom and a cause of other issues in the body, particularly in relation to stress. The ingredients in Vinco's Muscle Trang have been shown to be beneficial in supporting the relief of muscle tension and spasms.<sup>†</sup>

## Calcium (as Amino Acid Chelate)

- A mineral found primarily in the body's bones, as well as in its blood, muscles, and other tissues
- The rest of the calcium the body needs beyond what is already stored comes from foods like dairy and leafy greens
- Plays a role in many body processes, from bone health to muscle contraction<sup>†</sup>

# Magnesium (as Amino Acid Chelate)

- An essential mineral found in, and needed by every cell in the body
- Can be obtained through a variety of foods, as well as supplements
- Is involved with muscle movement, and has the potential to help with problems such as muscle twitching or cramping<sup>†</sup>

# Wild Yam Root (Dioscorea)

- A flowering vine whose roots are often used to treat various health conditions
- Has the potential to act as an anti-inflammatory, which could provide relief to those with conditions such as arthritis<sup>†</sup>

# Wood Betony

- A plant found in dry grasslands and meadows
- Known for its use against everything from inflammation to digestive issues to headaches to anxiety, it is often thought of as a panacea, or cure-all<sup>†</sup>

# Valerian Root

- A flowering plant, the root of which is often used to treat insomnia and related conditions such as restless leg syndrome
- Can affect gamma-aminobutyric acid (GABA) receptors in the brain, potentially acting as a mild sedative<sup>†</sup>

## **Passion Flower**

- A flower traditionally used as a calming herb
- Appears to increase levels of the GABA chemical in the brain, which lowers activity of some brain cells to create a relaxed state<sup>†</sup>

# Cramp Bark

• A tall, flowering shrub, the bark of which is often used in herbal remedies for muscle cramps and spasms<sup>†</sup>

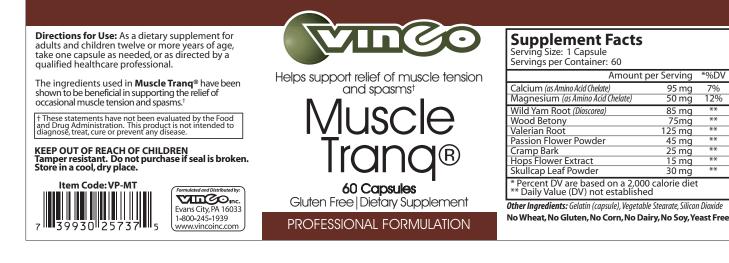
#### **Hops Flower**

- The dried, flowering part of the hop plant, most commonly used in brewing beer
- Contains compounds that have anti-inflammatory properties<sup>†</sup>

## **Skullcap Leaf**

- A flowering plant in the mint family
- Has the potential for antioxidant, anti-inflammatory, and antiviral effects<sup>†</sup>

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\*%DV

7%

12%

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95 mg

50 mg

85 mg

75mg 125 mg

45 mg 25 mg

15 mg

30 mg