



Magnesium Bisglycinate

- Supports Nerve, Joint, and Muscle Health†
- Helps To Restore Healthy Magnesium Levels[†]
- Delicious Lemonade Flavor

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Necessary for the support of cardiovascular health, nervous system health, energy production, digestion, and more; magnesium is essential for your health and well-being. Although foods like green leafy vegetables and nuts can contribute to our magnesium intake, many of us do not get enough in our daily diet to maintain optimal magnesium levels. Vinco's Magnesium Bisglycinate helps to support your magnesium intake and is a well absorbed form of magnesium for adults and children.[†]

Magnesium deficiency is running rampant among Americans. One study sponsored by the National Institutes of Health shows that 68% of Americans are magnesium deficient. Other experts put the number closer 80%.[†]

- An essential mineral found in, and needed by, every cell in the body[†]
- Can be obtained through a variety of foods, as well as supplements[†]
- Is involved in hundreds of biochemical reactions throughout the body, from muscle movement to energy creation[†]
- Has the potential to help with sleep issues that result in poor sleep quality such as twitching or cramping[†]
- Studies have shown that having low levels of magnesium is associated with and can lead to problems such as heart disease, depression, Type II diabetes, migraines, and Alzheimer's[†]
- Magnesium Bisglycinate is gentle on the stomach and highly absorbable[†]

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