





Leg Tranq®

- Symptomatic Support For Leg Cramps and Restless Legs[†]
- Supports Muscle Relaxation[†]
- High-Absorption Chelated Elemental Magnesium[†]

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Magnesium is involved in hundreds of biochemical reactions throughout the body, assisting with everything from muscle movement to energy creation. However, studies have shown that many people get less than the recommended daily amount of this essential mineral, which can lead to deficiencies. Such deficiencies have been shown to cause symptoms including leg cramps, restless legs, fatigue, muscle weakness and more. Vinco's Leg Trang® provides targeted symptomatic support for leg cramps specifically, but can assist with other symptoms of deficiency. It contains Albion Minerals TRAACS® Magnesium Bisglycinate Chelate Buffered, which is known to be gentle on the stomach, and uses chelated magnesium oxide to increase bioavailability.[†]

Magnesium

- An essential mineral found in, and needed by, every cell in the body
- Can be obtained through a variety of foods, as well as supplements
- In a chelated form, a type of amino acid called gylcine is bound to the magnesium, allowing it to pass through cell membranes with ease^t
- Acts as a cofactor, or helper molecule, in bio-chemical reactions performed by enzymes^t
- Has the potential to help with sleep issues that result in poor sleep quality such as twitching or cramping^t
- Studies have shown that having low levels of magnesium is associated with and can lead to problems such as heart disease, depression, type 2 diabetes, migraines, and Alzheimer's[†]

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Item Code: V-MAGBIS

SUGGESTED USE: As a dietary supplement for adults and children twelve or more years of age, take one to two capsules at bedtime, or as needed, or as directed by a qualified healthcare professional.

TRAACS® Magnesium Bisglycinate Chelate Buffered is a well absorbed form of magnesium and is gentle on the stomach. $^{\rm t}$

Magnesium is an essential mineral that has been shown to support the cardiovascular system, nervous system, energy production, skeletal muscle and digestion.[†]

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Symptomatic Support for Leg Cramps[†]



90 Vegetable Capsules Gluten Free | Dietary Supplement

PROFESSIONAL FORMULATION

SUPPLEMENT FACTS Serving Size: 1 Vegetable Capsule

Servings Per Container: 90

	Amount Per Serving	%DV
Magnesium	126 mg	30%
(as TRAACS® Magnesium Bisglycinate Chelate Buffered- from Magnesium Bisglycinate Chelate, Magnesium Oxide)		

Daily Value (DV)

Other Ingredients: Cellulose, L-Leucine

No Wheat, No Gluten, No Corn, No Dairy, No Soy, No Yeast TRAACS® and the Albion Medallion design are registered trademarks of Albion Inhoratories. Inc

KEEP OUT OF REACH OF CHILDREN. Tamper resistant. Do not purchase if seal is broken. Store in a cool, dry place.

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